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Apple Hop

Included:

Apples With Movement Words

Prep:

Print (as many sets as you need) and laminate for long-term use.

How To Use:

- Play music and students walk or jump to each apple as music is playing. When music stops students stop on their apple. They must perform the action on the apple. Teacher designates how long activity is performed. (Example 30 seconds) Music is started and play continues. For younger kids it's always good to go over the movements first.
- Can be played in small groups or large groups.
- Can be played as musical chair version with one less apple than number of students. Student who is not on a apple when music stops is out.



Jump



March



**Toe
Raise**



Heel
Raise



Hop



**Run In
Place**



**One Leg
Balance**



**One Leg
Hop**



Wiggle



Spin



Twist

Credits

