

Mechanical Lift Training Template in Microsoft Forms

You must have an Office 365 Account to use
Microsoft Forms.

Click on the Link Below to get your template.

[Mechanical Lift Training with Microsoft Forms](#)

**Once you click on this link you can
click on duplicate to get your
template.**

After you have made your template use that
as a working form.

For each kid you want to use the form with,
make a copy of your template form.

[WATCH THE VIDEO FOR INSTRUCTIONS](#)